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NEW LONDON, CONNECTICUT BRANCH

<http://newlondon-ct.aauw.net/>

December 2018 January 2019

Volume 48 No. 3

“AAUW advances equity for all women and girls through advocacy, education and research. AAUW will be a powerful advocate and visible leader in equity and education through research, philanthropy, and measurable change in critical areas impacting the lives of women and girls.”

AAUW Holiday Luncheon Featuring the Shoreline Ringers

Saturday December 8, 2018
The Thames Club
290 State Street, New London
12 noon – 3:00 pm



The December meeting of our branch will feature a basket bonanza with holiday music from the Shoreline Ringers, a community hand bell choir based out of Southeastern Connecticut. This lively group will awe and inspire you with their ringing. Under the direction of Jane Nolan, this dynamic and energetic hand bell choir is dedicated to musical excellence and hand bell education through their exciting and uplifting performances. The repertoire performed by this inspirational hand bell choir, is secular and popular in nature, and includes varying techniques and rhythms that promise pleasure and fun for all. The group strives to educate audiences in the beauty of hand bells as they perform a wide variety of challenging music. The choir rings 5 1/2 octaves of Malmark hand bells and 7 octaves of Malmark hand chimes.

Join us for an afternoon of holiday festivities that will surely get you in the spirit.

Do You Really Want What You Say You Want?

Thursday, January 10, 2019
Waterford Public Library

6:15 p.m. Refreshments
6:45 p.m. Business Meeting
7:00 p.m. Program



Dr. Terrlyn L. Curry Avery is our presenter this month. She will guide us on a journey toward *sacred intelligence*: the ability to tap into our internal source in order to move toward intelligent choices. Far too many people say they want to grow spiritually; to have healthier relationships with themselves or with others; to have new job opportunities; or greater financial harmony. BUT, they never achieve what they say they want and then, make excuses when they don't. Why? Because they remain in a "head space" -- stuck in their own thoughts, their fears, their limited strength -- rather than a "sacred space" -- of awareness and strength from their internal source which guides their thinking and behaviors.

Being in this sacred space of awareness and strength requires tapping into what Dr. Terrlyn L. Curry Avery calls our sacred

Con't on P 3

December/January at a Glance

- December 8 Branch Meeting
- December 19 Book Discussion Group
- January 10 Branch Meeting
- January 16 Book Discussion Group
- January 17 News & Views Deadline



President's Message



First of all, I want to wish all of you a fabulous Healthy, Happy & Peaceful Holiday Season with an emphasis on healthy. I also wish our World and its inhabitants

Peace. It saddens me so many people have suffered countless real and natural disasters this past year. Hopefully, the year 2019 will bring peace and understanding to us all.

I logged into AAUW's National website to a section entitled TWO MINUTE ACTIVIST. "This section urges AAUW members to Take Action for Title IX. The Department of Education has announced a plan to make sweeping changes in Title IX regulations, which would have significant implications for students' civil rights. Specifically, the proposed rule would weaken Title IX's protections by narrowing the definition of sexual harassment to allow schools to exclude much of the abuse students experience, limiting when schools will respond and putting in place processes that make it harder for students to come forward when they experience sexual harassment or assault. Simply put, these changes will make schools less safe for students.

Over the next 60 days, we have an opportunity to weigh in with the Department of Education on their proposed changes. With students' safety under threat, we all must make our voices heard. Add your name to join with AAUW in urging the Department of Education to keep Title IX strong."

Please log onto the AAUW website to the TWO MINUTE ACTIVIST, Take Action for Title IX. A letter to Secretary DeVos is already in place. You are instructed to give your first and last name, state where you reside, and AAUW Branch name. Then submit the letter to Secretary DeVos; I did, it was easy.

Best,Gay



Book Discussion Group



The December book is *The Rosie Project* by Graeme Simsion. Meg Wilhelms and Barbara Jacobsen will be the discussion leaders. The Afternoon group will meet at 2 pm at the East Lyme Library and the

Evening group will meet at 7 pm at the Waterford Library on December 19, 2018.

The January book is *The Soul of an Octopus* by Sy Montgomery. Kim Blake and Linda Shailor will be the discussion leaders. The Afternoon and Evening groups will meet at their regular meeting places on January 16, 2019.

Books are usually available on the day of our discussion (for the next month) at the Waterford Library.

Elizabeth Hume and Kathy Shepherd

Hospitality

The following members signed up for refreshments in January:

- Sue White---cookies
- Brigid Boettcher -- cheese and crackers
- Jeanne O'Connor --Juice
- Elizabeth Hume---baked good
- Cate Steele ---
- Edna Gilstad---coffee



Thank you to everyone who signed up.

Elizabeth Hume



News and Views is published 5 times a year by AAUW and sent to members of the New London Branch. Editor: Gale Bradbury 12 Heritage Drive, Stonington, Ct. 06378, fax # (860)464-9927, email:

bradbury@ledyard.lioninc.org. The deadline for submissions is the third Thursday of the month. Branch President: Gay Clarkson email: willypetey15@gmail.com. Membership VP: Kim Blake, kajblake@gmail.com

Con't from P. 1

intelligence -- the divine part of us that helps us make choices that manifest our greatness and ultimately have what we say we want.

In this presentation, she will address personal barriers that may hinder you from creating the life you desire. She offers concrete tools to help you recognize and breakthrough these barriers so that you can really have what you say you want.

Dr. Terrlyn L. Curry Avery is the creator of Pastology, the cutting edge field that focuses on the synergy between pastoring and psychology. She holds a Doctorate of Philosophy from Hofstra University and a Master of Divinity from Yale University.

**New London Branch AAUW
Meeting Minutes
October 11, 2018**

The meeting opened at 6:45 pm at the Waterford Library with Kim Blake presiding in the absence of President Gay Clarkson. She read the AAUW mission statement. Kim stated that the membership booklet was not ready but should be by next meeting.

Treasurer's Report

Checking Account: \$4,717.41, Savings Account: \$1104.64, CD: \$1747.94 for a grand total of \$7629.99.

Sue White announced that the Greek Food Festival will be held November 6 through 9.

The meeting adjourned at 6:50 p.m.

Respectfully submitted,
Linda C. Shailor

**New London Branch AAUW
Meeting Minutes
November 8, 2018**

Previous to the business meeting representatives from S.T.E.P.S.. Inc. explained their program and objectives to the AAUW membership.

President Gay Clarkson opened the business meeting at 7:00 pm. She asked Cate Steel, program V.P., to talk about the programs scheduled for the coming year.

Kim Blake announced that the membership booklet was ready.

Treasurer's Report

Checking Account: \$4473.91, Savings Account: \$1104.64: CD \$1747.94 for a grand total of \$7326.49.

Book Group

The book groups will meet November 14, a change of date due to Thanksgiving.

Hospitality

Elizabeth passed around a sign-up sheet for donations in the coming year.

There being no other business, the meeting adjourned at 7:10 pm.

Respectfully submitted,
Linda C. Shailor

**Holiday Luncheon at the Thames Club
Featuring The Shoreline Bell Ringers
Saturday December 8, 2018**



Name _____ Guest _____
(Please list initials of each person beside the food choice)

Total Enclosed _____

Entrees: _____ Grilled Salmon with rice pilaf and green beans
_____ Chicken Marsala with roasted potatoes and green beans
_____ Vegetarian Dish

All meals include a salad of mixed garden greens with house dressing, rolls and butter, dessert, Coffee, and tea. There will also be a cash bar.

Price of meal including tax and gratuity \$40.00

Please return reservation form by Wednesday, November 28, 2018 with your check payable to AAUW New London Branch, to Katharine Shepherd, 18 Compass Ct., Niantic, CT 06357.

A friendly notice from our banking partner
Citizen's Bank

Your check is Welcome!

If your check is returned for non-sufficient funds, you expressly authorize your account to be electronically debited or bank drafted for the amount of the check plus any applicable fees. The use of a check for payment is your acknowledgement and acceptance of this policy and its terms and conditions.

800.430.2370/ www.checkvelocity.com



AAUW—New London Branch



Women working together
To advocate for all women



American Association of University Women
New London Branch
24 Giovanni Drive
Waterford, CT 06385

