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## NEW LONDON, CONNECTICUT BRANCH

<http://newlondon-ct.aauw.net/>

October/November 2018

Volume 48 No. 2

**“AAUW advances equity for all women and girls through advocacy, education and research. AAUW will be a powerful advocate and visible leader in equity and education through research, philanthropy, and measurable change in critical areas impacting the lives of women and girls.”**

### The Lady and the Unicorn Tapestries in Paris”

Thursday, October 11  
Waterford Public Library

6:15 p.m. Refreshments  
6:45 p.m. Business Meeting  
7:00 p.m. Program

Dr. Robert Baldwin, Associate Professor of Art History, Connecticut College will discuss *The Lady and the Unicorn Tapestries in Paris: Courtly Love, Female Power, and the Problem of Masculine Courtly Identity*

Late medieval court society moved from a "masculine" world of feudal combat to a "feminine" world of refined privacy dedicated to courtly love, beauty, fashion, polite conversation, gardens, poetry, dance, music, and art. In late medieval chivalric culture, the legend of the wild and masculine unicorn captured and tamed by a chaste maiden allegorized the courtly theme of "feminine" civilization and love subduing "masculine" passion and violence. By the 1490s when a social climbing lawyer commissioned a cycle of tapestries on the Lady and the Unicorn as the "Five Senses of Love", court culture could celebrate love's pleasures more openly without violating a larger framework of chaste refinement. By  
*Con't on P 3*

### Improve the Quality of Your Life with Exercise

Thursday, November 8  
Waterford Public Library

6:15 p.m. Refreshments  
6:45 p.m. Business Meeting  
7:00 p.m. Program

This entertaining presentation is for anyone interested in improving the quality of their lives and yes, exercise is so beneficial that it actually *can* improve the quality of the life you live. Because of the vastness of this topic, exercise physiologist Kim Camlet will focus on exercising to improve balance and reduce the risk of falling. Along the way you'll learn lots of interesting, behind-the-scenes info about what exercise does, and there will be plenty of time to ask questions.

A balance assessment for the entire group will be conducted for those who wish to participate, and everyone receives a copy of a basic, streamlined exercise plan that can be done at home—no special gym equipment required—that's designed to help improve strength, stamina and balance. Kim will also share her creative tips for integrating exercise into the daily routine (or sneaking it in however you can, what she affectionately calls "guerilla fitness").

*Con't on P 3*

### October/November at a Glance

- October 11 Branch Meeting
- October 17 Book Discussion Group
- November 8 Branch Meeting
- November 14 Book Discussion Group
- November 22 News & Views Deadline



## President's Message



Greetings and welcome Fall; I always look forward to being a leaf peeper as I know you do too!

Last month I made reference to the fact that AAUW HAS BEEN EMPOWERING WOMEN SINCE 1881. Since I am a curious person, I decided to conduct some research on the beginning of the Organization. I went online and discovered a fantastic webpage that documents the impact AAUW has had on world history. I want to share some of my findings with you. Many of my facts were found in <https://history.aauw.org>.

AAUW, a non-profit organization that advances equity for women and girls through advocacy, education and research was officially founded in 1881. The organization has a nationwide network of 170,000 members and supporters, 1,000 local branches, and 800 college and university partners. National headquarters are in Washington, D.C.

In 1881, Marion Talbot and Ellen Swallow Richards invited 15 alumnae from 8 colleges to a meeting in Boston, MA. The purpose of this meeting was to create an organization of women college graduates that would assist women in finding greater opportunities to use their education, as well as promoting and assisting other women's college attendance. The Association of Collegiate Alumnae or ACA was officially founded on January 14, 1882. The ACA also worked to improve standards of education so that men and women's higher education was more equal in scope and difficulty. Since its first meeting in 1881, AAUW has been a catalyst for change. At the beginning of 1884, the ACA had been only meeting in Boston; however, as more women across the country became interested in its work, the Association saw that expansion into branches was necessary to carry on its work. Washington, D.C. was the first branch to be created in 1884, and New York, Pacific/San Francisco, Philadelphia, and Boston branches followed in 1886.

In 1885, AAUW took on one of its major projects; they essentially had to justify their right to exist. A common belief at the time was a college education would harm a woman's health and result in infertility. This myth was even supported by Harvard-educated Boston physician Dr. Edward H. Clarke. ACA issued its first research report in conjunction with the MA Bureau of Statistics of Labor entitled *Health Statistics of Women College Graduates*, stating that contrary to public opinion women's health is not adversely affected by attending college.

Of course, my research does not stop here; I would like to share many other exciting facts with you over the next few months. I was totally fascinated with information on how AAUW assisted European female scholars during World War II who were displaced by Nazi led occupation and unable to continue their work. AAUW's War Relief Fund stepped in to help these women. I am also curious whether you want to continue reading about AAUW's history in our Newsletter. You may let me know via email at [willypetey15@gmail.com](mailto:willypetey15@gmail.com).

Best, Gay

## Book Discussion Group



The October book is *A Tree Grows in Brooklyn* by Betty Smith. Ann Carroll and Kathy Shepherd will be the discussion leaders. The

Afternoon group will meet at 2 pm at the East Lyme Library and the Evening group will meet at 7pm at the Waterford Library on October 17, 2018.

The November book is *Lilac Girls* by Martha Hall Kelly. Jeanne O'Connell and Mary Wassung will be the discussion leaders. The Afternoon and Evening groups will meet at their regular meeting places on November 14, 2018. Please note that this is the second week instead of the third week in November. Our regular Wednesday would have been the day before Thanksgiving.

Elizabeth Hume and Kathy Shepherd

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Gay received a nice note from our September speaker. Morning Star entertained members with several Native American legends.

Dear Gay,

It was delightful to meet you at the AAUW meeting last week.

How thoughtful of you to send a card.

To have such a pleasant, appreciative, and enthusiastic audience brought joy to my heart.

May you have a peaceful afternoon.



Blessings and Peace,

Morning Star (Bette-Jean Coderre, CSJ)

News and Views is published 5 times a year by AAUW and sent to members of the New London Branch. Editor: Gale Bradbury 12 Heritage Drive, Stonington, Ct. 06378, fax # (860)464-9927, email: [bradbury@ledyard.lioninc.org](mailto:bradbury@ledyard.lioninc.org). The deadline for submissions is the third Thursday of the month. Branch President: Gay Clarkson email: [willypetey15@gmail.com](mailto:willypetey15@gmail.com). Membership VP: Kim Blake, [kajblake@gmail.com](mailto:kajblake@gmail.com)

## Hospitality

The following members signed up for refreshments in November:



### October:

- Sue White---cookies
- Linda Shailor--cheese and crackers
- Juice and another beverage
- Elizabeth Hume---baked good
- Edna Gilstad---coffee

### November:

- Kathy Greene---cookies
- Gale Bradbury---cheese/crackers
- Gay Clarkson---lemonade
- Elizabeth Hume---cookies
- Edna Gilstad---coffee

Thank you to everyone who signed up.

Elizabeth Hume

## New Members

Please welcome Cate Steele and Kathy Greene who recently joined our branch. Kathy Greene, former Director of the Lighthouse for Vocational and Educational Learning and Cate Steel is a well-known Speech Pathologist in the area. Cate is also the new Program Vice-President.

## Holiday Luncheon

Although it is only October our holiday luncheon will be here before we know it. Reserve your spot now with the form below. Complete information about the program will be in the December newsletter and on our website at <http://newlondon-ct.aauw.net/>. This festive occasion is sure to get you in the holiday spirit.

*Oct. Con't from P. 1*

fusing the tamed unicorn theme with the more erotic theme of amorous delight enjoyed through the five senses, the tapestry cycle now in the Cluny Museum quietly eroticized traditional medieval chastity and transformed it into more of an Early Renaissance love fest.

*Nov. Con't from P.1*

Kim Camlet has a master's degree in exercise science and is an American College of Sports Medicine certified exercise physiologist. Since late 2014 she has run the Medically Oriented Gym at Independence Physical Therapy in Mystic, CT.

### New London Branch AAUW Meeting Minutes September 12, 2018

President Gay Clarkson opened the meeting at 7:05 pm at the New London Public Library. She welcomed all and introduced two new members: Cate Steele and Kathy Greene.

#### Treasurer's Report

Checking Account: \$4,507.41, Savings Account: \$1,104.63, CD: \$1,747.94 for a grand total of \$7,359.98.

#### Program Vice President

Karen Camlet nominated Cate Steele to fill this position. Sue White seconded and it was so voted.

The next News and Views will be a double issue. The meeting adjourned at 7:18 p.m.

Respectfully Submitted,  
Linda Shailor, Recording Secretary

### Holiday Luncheon at the Spa at the Thames Club Featuring The Shoreline Bell Ringers Saturday December 8, 2018



Name \_\_\_\_\_ Guest \_\_\_\_\_  
(Please list initials of each person beside the food choice)

Total Enclosed \_\_\_\_\_

Entrees: \_\_\_\_\_ Grilled Salmon with rice pilaf and green beans  
\_\_\_\_\_ Chicken Marsala with roasted potatoes and green beans  
\_\_\_\_\_ Vegetarian Dish

All meals include a salad of mixed garden greens with house dressing, rolls and butter, dessert, Coffee, and tea. There will also be a cash bar.

Price of meal including tax and gratuity \$40.00

Please return reservation form by Wednesday, November 28, 2018 with your check payable to AAUW New London Branch, to Katharine Shepherd, 18 Compass Ct., Niantic, CT 06357.

A friendly notice from our banking partner  
Citizen's Bank

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If your check is returned for non-sufficient funds, you expressly authorize your account to be electronically debited or bank drafted for the amount of the check plus any applicable fees. The use of a check for payment is your acknowledgement and acceptance of this policy and its terms and conditions.

800.430.2370/ [www.checkvelocity.com](http://www.checkvelocity.com)



## AAUW—New London Branch



Women working together  
To advocate for all women



American Association of University Women  
New London Branch  
24 Giovanni Drive  
Waterford, CT 06385

