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NEW LONDON, CONNECTICUT BRANCH

<http://newlondon-ct.aauw.net/>

December 2015/January 2016

Volume 45 No. 3

“AAUW advances equity for all women and girls through advocacy, education and research. AAUW will be a powerful advocate and visible leader in equity and education through research, philanthropy, and measurable change in critical areas impacting the lives of women and girls.”

Holiday Brunch

Saturday, December 5, 2015
The Spa at Norwich Inn

11:00 a.m. Social
Noon Luncheon
12:45 p.m. Baskets
1:00 p.m. Presentation



Jennifer M. Emerson will entertain us this month with her one-woman portrayal of Charles Dickens *Christmas Carol*. The program is in the style of Victorian Parlour

Theatre, and similar to how Mr. Dickens performed one-man versions of his greatest stories. With no costume changes, no music, and only one performer, the actor must rely upon imagination, physicality, voice, and passion. You, the audience, are invited to sit back, relax, and imagine yourselves in Christmas Past...

December, 1843. A new little red book has appeared in the book shops of London. All 6,000 copies sell out in one week. It is lauded as a Fifth Gospel, and The Most Wonderful Little Book in the World. People are stopping one another in the street... Since its initial publication over a century and a half ago, *A Christmas Carol* has made an indelible mark upon popular culture,

Con't on P 2

Medications: Friend or Foe

Thursday, January 14, 2016
Waterford Public Library

6:15 p.m. Refreshments
6:45 p.m. Business Meeting
7:00 p.m. Program

The January program will feature Dr. Judith Deglin speaking about medications. She will discuss how a physician chooses a drug for you, side effects and adverse reactions, and how to tell if you are having one. She will also talk about where to go for drug information and knowing your pharmacist and his/her training.

Dr. Degin was born in New York City, moving to Norwich as an infant and growing up there. She attended Norwich Public Schools and graduated from UCONN with a BS in Pharmacy. She has a Doctor of Pharmacy degree from Philadelphia College of Pharmacy and Science and completed her Hospital Pharmacy Residency at Thomas Jefferson University Hospital. She completed a Pharmacy Fellowship at Hartford Hospital. She was an Assistant Professor of Clinical Pharmacy at West Virginia University and a Clinical Instructor at the University of Connecticut School of Pharmacy.

Con't on P 2

December/January at a Glance

- December 5 Branch Meeting
- December 16 Book Discussion Group
- January 14 Branch Meeting
- January 20 Book Discussion Group
- January 21 News & Views Deadline



President's Message



December Greetings to My Fellow AAUW New London Sisters, This is the time of year we should especially focus on that in our lives for which we should acknowledge our gratitude—for our families and friends, our health, enough money to provide for our basic needs: housing, food and clothing, and freedom to worship as we wish. You can add your other blessings. I also feel blessed to be a new member of this terrific branch of women committed to supporting and working to achieve the goals of AAUW. You should be proud of your history and accomplishments. Your tradition of bringing interesting, engaging and educational speakers to our monthly meetings is a particular joy to me. I look forward to our upcoming months together and the opportunity to meet more of you as you are able to participate in our activities. I hope to see many of you on December 5th for another wonderful celebration and fundraiser. I wish you all the best of all that the holiday season offers for camaraderie, joy and spiritual reflection according to your personal inner light.

Chantal DeArmitt, M.P.H.

Book Discussion Group



The December book is *The Outliers* by Malcolm Gladwell. Ann Carroll and Irene Finkelstein are the discussion leaders. The afternoon and evening groups will meet at 2 pm at the East Lyme Library and the evening group will meet at 7 pm at the Waterford Library on December 16, 2015.

The January book is *The Art of Mending* by Elizabeth Berg. The discussion leaders are Kim Blake and Mimi Mountain. The afternoon and evening groups will meet at their regular meeting places on January 20, 2016.

Elizabeth Hume and Kathy Shepherd

Hospitality

The following members signed up for refreshments January:

- Claudia Laxar - baked goods
- Brigid Boettcher - cheese and crackers
- Karen Camlet - brownies
- Jeanne O'Connell - juice
- Edna Gilstad - Coffee

Thank you, Elizabeth Hume
Dec. Program Con't from Page 1



inspiring theatrical and film adaptations that thrive to this very day.

Born and raised in Groton, Jennifer has fourteen years of experience in Historic and First Person Interpretation. A Living History playwright and performer, her work has been seen at venues such as Mystic Seaport, the Shaw Mansion, Fort Griswold, the Smith-Harris House and the Denison Homestead Museum, where she now serves as a Collections Specialist. In April 2015, she also became the Archivist for the Noank Historical Society.

For a copy of the reservation form go to the branch website at <http://newlondon-ct.aauw.net/> and click the link under upcoming events.

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She is the Co-author of Davis's Drug Guide for Nurses 1986-2014 and was a Pharmacy Consultant for Hospice of Southeastern Connecticut (now The Center for Hospice Care)

Holiday Gift Guide for girls with help from our Friends at AAUW

The holiday season is upon us once again and AAUW has some great ideas for the little girls on your gift list. Go to the AAUW webpage for some unique suggestions to help you out.



This year's list includes gifts "that defy stereotypes, inspire creativity and promote self-confidence." The list is interactive and includes price and ordering information. Visit the webpage at <http://www.aauw.org/2015/11/10/gift-guide>.

News and Views is published 5 times a year by AAUW and sent to members of the New London Branch. Editor: Gale Bradbury 12 Heritage Drive, Stonington, Ct. 06378, fax # (860)464-9927, email: bradbury@ledyard.lioninc.org. The deadline for submissions is the third Thursday of the month. Branch President: Chantal DeArmitt, email: Chantal_dearmitt@yahoo.com. Membership Vice president: Edna Gilstad 19 Mohawk Dr., Niantic, CT., email: egilstad@aol.com.

**New London Branch AAUW Meeting Minutes
October 8, 2015**

In the absence of President Chantal DeArmitt, Kerry O'Keefe opened the meeting at 6:55 pm with the reading of the mission statement. She thanked the refreshment committee for their contributions. Our newest member, Susan Archer, was introduced.

The minutes of the September meeting were approved as printed.

Treasurer's Report

Finance Chair, Claudia Laxar, presented her report as follows: Checking Account \$3,444.37, Savings Account \$947.32, Permanent Fund \$1,727.10 for a grand total of \$6,118.79.

Committee Reports

Publicity - No report

Hospitality - Elizabeth passed around a sign-up sheet for refreshments. She would like volunteers to come early and set up the tables for the refreshments.

Book Group – Book Group will meet October 21, 2:00 pm at the East Lyme Library and 7:00 pm at the Waterford Library. *Being Mortal* by Atul Gawande will be discussed.

The Holiday reservation form did not stipulate the time. A new form will be printed.

Old Business – None

New Business – The Greek Food Festival will be held November 3-6 at the Greek Church.

Susan Archer announced that October is breast cancer awareness month. Available for purchase is a bracelet with charms for the bracelet reduced 50%. With each purchase, a donation will be made for cancer research. Contact Susan for further details.

There being no further business, the meeting closed at 7:10 pm.

Respectfully submitted,
Linda C. Shailor
Recording Secretary

**New London Branch AAUW Meeting Minutes
November 12, 2015**

President Chantal DeArmitt opened the meeting at 6:45 pm with the reading of the mission statement. She thanked the Hospitality Committee for providing the refreshments. Visitors were introduced.

The minutes of the October meeting were approved as printed.

Treasurer's Report

Finance Chair, Claudia Laxar, presented her report as follows: Checking Account \$3,492.44, Savings Account \$947.33, Permanent Fund \$1,727.66 for a grand total of \$6,167.43.

Committee Reports

Publicity. The Waterford Library did the publicity as this meeting was jointly sponsored.

Hospitality. Elizabeth Hume thanked all who have signed up to bring refreshments.

Book Group. Book Group will meet November 18, 2:00 pm at the East Lyme Library and 7:00 pm at the Waterford Library to discuss the book *Etta and Otto and Russell and James* by Emma Hooper.

Cultural Interest. Kerry O'Keefe said that the Slater Museum is presenting an exhibit about John Meyer. Sue White stated that the Post Road Review wrote about the history of the MacKenzie family. Gay Clarkson announced that the Child and Family Agency will present a fashion Show on March 23, 2016 at Langleys.

Old Business. None

New Business. None

There being no further business, the meeting closed at 6:45 pm.

Respectfully Submitted,
Linda Shailor
Recording Secretary

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