# AMERICAN ASSOCIATION OF UNIVERSITY WOMEN



# N E W S

A N D

> V I E W S

### **NEW LONDON, CONNECTICUT BRANCH**

February/March 2014

Volume 43 No. 4

"AAUW advances equity for all women and girls through advocacy, education and research. AAUW will be a powerful advocate and visible leader in equity and education through research, philanthropy, and measurable change in critical areas impacting the lives of women and girls."

#### Connecting the Drops: Source to the Sea

Thursday, February 13, 2014 Waterford Public Library

6:15 p.m. Refreshments 6:45 p.m. Business Meeting 7:00 p.m. Program



Bill Reid, the Chief Ranger of The Last Green Valley National Heritage Corridor will speak at the February meeting.

His illustrated talk provides information on the watershed of northeastern CT and south central Massachusetts including a "visual" paddle down rivers, streams, lakes and ponds of The Last Green Valley all the way to Long Island Sound. We'll explore the water resources of the region and learn how to ensure good water quality for future generations.

Materials about the region as well as visitor guides, maps and paddle guides will be provided.

Mr. Reid has worked at TLGV, Inc. since 2006. He worked at Old Sturbridge Village for more than two decades in various capacities in both the program area and museum administration prior to going to TLGV.

#### Think Globally, Eat Locally

Thursday, March 13, 2014 Waterford Public Library

6:15 p.m. Refreshments 6:45 p.m. Business Meeting 7:00 p.m. Program

In March we will hear about food. Food is our most important connection with the environment, after air and water, and is our most important energy source. Our food choices are powerful ways to either improve or degrade human and environmental health. Learn about the connections common food items have with the rest of the world and how to use that knowledge to improve your health and that of the earth.

For 40 years, organic farmer, author and environmental activist Bill Duesing has been working to promote organic agriculture and greater local food sufficiency in Connecticut and the Northeast through lectures, writings, media and community work. With his wife Suzanne, he currently grows fruits and vegetables on the Old Solar Farm and advocates for a local and organic food system.

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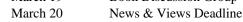
#### February & March at a Glance

February 13 Branch Meeting

February 19 Book Discussion Group

March 13 Branch Meeting

• March 19 Book Discussion Group





#### President's Report



David Rau 's A -Z Florence Griswold presentation was enjoyed by 20 members and 1 guest on Jan. 9th. I do appreciate everyone who attends our monthly

meetings, but certainly more so in the winter! I know how challenging it is to leave the comfort of our homes on those cold dark nights! So call a friend to join you for the evening---it really makes it so much easier to enjoy our dynamic presenters!!!!

Our holiday luncheon treated 28 members and 21 guests to a marvelous meal and a joyous presentation by the Bells of Fire! What a beautiful way to begin the holiday season! We also realized a profit of \$1009.91, most of that as a result of our baskets! Once again, so many thank yous to Elaine for her stunning work with those creations!!!!!

Elaine Cady, our 2013 scholarship recipient, sent a gracious email expressing her thanks for our Avery Point Scholarship. She graduated with national honors and hopes to graduate from UCONN Avery Point with a BS in Nursing in Dec. 2014. It is always gratifying to hear from our scholarship winners because it validates our education/equity mission at a local level.

Conn College is hosting the "Elect Her" workshop on Sunday March 30. It is a 4 1/2 hour workshop, time TBA. It will be facilitated by AAUW representative Kate Farrar, who is from the national office in DC. Six members have expressed an interest in attending and I welcome anyone else who is interested to please contact me.

You'll be receiving a phone call from one of our members asking to please accept one of the board positions that will be available for 2014-2016 ---- president, program , recording secretary , and publicity (a really easy one)! These positions can be filled in a number of ways AND it really is easier if shared with a friend. A member could be responsible for Sept. ---Dec. and someone else could be responsible for Jan. - May! Or even split the year in thirds!!! Also, please keep in mind that you will never do these jobs ALONE. We are a great team willing to help anyone and everyone!

I would also like to thank the members for the yearly President's stipend. As I have in the past, I will purchase the Spirit of Broadway/Norwich Spa dinner package and donate it to our May baskets. Speaking of which, it is NEVER too early to think about making a basket donation.

We are still looking for a DIGITAL CAMERA so Gale can put pictures of events on our AAUW website. If anyone received a new one for Christmas and would like to donate their old one, we would love to have it!

I'd like to close with these sentiments from Yoko Ono :

"Spring passes and one remembers one's innocence, summer passes and one remembers one's exuberance, autumn passes and one remembers one's reverence, winter passes and one remembers one's perseverance."

Sooooo looking forward to spring and seeing you at our next meeting!

Kerry O'Keefe

#### **Book Discussion Group**



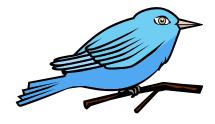
The February book is *The Last Runaway* by Tracy Chevalier. Elizabeth Hume and Mary Wassung are the discussion leaders. The afternoon and evening groups will meet on February 19, 2014.

The March book is *John Quincy Adams* by Harlow Giles Unger. Brigid Boettcher and Jeanne Coyne are the discussion leaders. The afternoon and evening groups will meet at their regular times and places on March 19, 2014.

The April book is *The Lost Wife* by Alyson Richmond. Barbara Guerra and Linda Shailor are the discussion leaders. The afternoon and evening groups will meet at their regular times and places on April 16, 2014.

If you do not need a book, please call Elizabeth at 442-1411.

Elizabeth Hume and Kathy Shepherd



News and Views is published 6 times a year by AAUW and sent to members of the New London Branch. Editor: Gale Bradbury 12 Heritage Drive, Stonington, Ct. 06378, fax # (860)464-9927, email: bradbury@ledyard.lioninc.org. The deadline for submissions is the third Thursday of the month. Branch President: Kerry O'Keefe 123 Wawecus Hill Road, Norwich, CT., email: mdokeefe@snet.net. Membership Vice president: Edna Gilstad 19 Mohawk Dr., Niantic, CT., email: egilstad@aol.com.

March Program Con't from Pg 1

He served for 12 years as the Executive Director of CT NOFA, the Northeast Organic Farming Association of Connecticut. For three years, he chaired the board of the Community Farm of Simsbury which trains farmers, educates urban and suburban students and provides certified organic food to the needy.

He is author of *Living on the Earth: Eclectic Essays for a Sustainable and Joyful Future*. Bill was the founding president of CT NOFA and founding chair of the New Haven Ecology Project and its Common Ground High School, located on a farm in New Haven. He was a founding board member and past president of the Connecticut Farmland Trust. For several decades, Bill gardened with elementary and high school students in New Haven and Bridgeport. For 10 years he wrote and delivered a weekly environmental essay on public radio from Fairfield, CT.

#### **May Banquet**

Looking Ahead to May, our banquet features Craig Hotchkiss from the Mark Twain House and includes a basket raffle. Reserve your spot now with the form below or download complete program information with the form from our website by clicking the link under "Upcoming Events" at <a href="http://newlondon-ct.aauw.net/">http://newlondon-ct.aauw.net/</a>. Join us with a friend for fine food, lively conversation and enlightening entertainment!

#### Hospitality

The following members signed up for refreshments

#### February:

- Mimi Mountain
- Jeanne O'Connell—juice
- Kim Blake--cheese and crackers
- Claudia Laxar--baked goods
- Cathie Pearson--fruit

#### March:

- Edna Gilstad
- Sue White
- Kathy shepherd
- Kay Isleib
- Elizabeth Hume

If anyone can bring coffee please let me know.

Thank you, Elizabeth Hume

#### **Tax Deduction for Dues**

AAUW national membership dues are \$49. Of that amount \$46 is tax deductible as a charitable contribution, and \$3 is not deductible because it supports the AAUW Action Fund's section 501c(4) Lobby Corps and get out the vote activities.

Note: Branch/State portions of dues are not tax deductible.

Claudia Laxar, Financial Chairperson



# Travel is Fatal to Prejudice, Journeys of Mark Twain The Spa at Norwich Inn May 8, 2014



	May 8, 2014	
Name	Guest	
(Include food choice)	ce for all)	
Total Enclosed	<u></u>	
Entrees:	Chicken Picatta with Lemon-Caper Butter	
	Pan-Seared Salmon with a Maple Ginger Glaze	
All entrees served with a house salad or mixed baby greens, dinner rolls, a starch and vegetable. Chef's daily dessert creation will be served with coffee or tea.		
Price of meal including	tax and gratuity \$40.00	
Please return reservation form by May 1, 2014 with your check made payable to AAUW New London Branch, to Claudia Laxar, 282 Elm Street, Stonington, CT 06378		

#### New London Branch AAUW Meeting Minutes January 9, 2014

The meeting at the Waterford Library was called to order at 6:45pm by President Kerry O'Keefe. Following her reading of the Mission Statement she thanked those people providing refreshments. The minutes were approved as printed in the newsletter. Sue Sexton was welcomed as a visitor.

Finance Chair Claudia Laxar reminded members that \$46 of the yearly dues is deductible if you itemize for tax purposes. She also reported the following: Checking Account \$5,211.95, Savings Account \$800.19, Permanent Fund CD \$1,715.05, and Ellen Baird CD \$641.52. The grand total assets are \$8,368.71.

Gale Bradbury announced January 23<sup>rd</sup> as the deadline for the February/March newsletter.

Kerry O'Keefe continues to look for a publicity chairperson and was pleased to see the information about our program in the Norwich Bulletin.

Elizabeth Hume circulated a sign-up sheet for refreshments and reminded members that they will be reimbursed for coffee purchases for the meetings. She also reported on Book Group information.

Under Scholarship we were informed that Elaine Cady has graduated with National Honors from the Avery Point Nursing Program.

Under new business Kerry stated that she has reserved the Norwich Inn and Spa for next December's luncheon (First Saturday).

Kerry also stated that a nominating committee was needed to propose officers for President, Program Chairperson, Recording Secretary, and Publicity. She was hopeful this task could be accomplished with one meeting. Volunteers were requested.

Kerry then passed a sign-up sheet for an "Elect Her Workshop" to be held on Sunday, March 30<sup>th</sup> at Connecticut College. AAUW is co-hosting this.

Kerry is also looking for someone to donate a digital camera for our use.

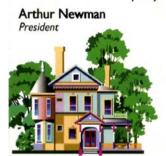
The business meeting was adjourned.

Kerry introduced our speaker, David Rau, Director of Education and Outreach at the Florence Griswold Museum.

Respectfully Submitted, Ann Carroll Recording Secretary

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#### **AAUW—New London Branch**



Women working together
To advocate for all women





Attorneys At Law

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